

Παναγιώτα Σουρτζή

Καθηγήτρια Νοσηλευτικής της Υγιεινής της Εργασίας

Τομέας Δημόσιας Υγείας

Παπαδιαμαντοπούλου 123

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ΔΙΔΑΣΚΑΛΙΑ

Προπτυχιακά

1. Εφαρμοσμένη Επιδημιολογία και Πρόληψη
2. Υγιεινή της Εργασίας
3. Γεροντολογική Νοσηλευτική
4. Εισαγωγή στη Νοσηλευτική

Μεταπτυχιακά

1. Υγιεινή της Εργασίας
2. Αγωγή Υγείας
3. Δημογραφία

ΣΠΟΥΔΕΣ

1992-95: Διδακτορικές σπουδές (Ph.D.) ως υπότροφος του Ιδρύματος Κρατικών Υποτροφιών (I.K.Y.) στο τμήμα Νοσηλευτικών Σπουδών του Πανεπιστημίου του Birmingham της Αγγλίας.

1991-92: Master of Medical Science στην Υγιεινή της Εργασίας, ως υπότροφος του I.K.Y., στο Ινστιτούτο Υγιεινής της Εργασίας του Πανεπιστημίου του Birmingham της Αγγλίας.

1986-1989: Πτυχίο Νοσηλευτικής από το τμήμα Νοσηλευτικής της Σχολής Επιστημών Υγείας του ΕΚΠΑ

1978-1982: Φοίτηση στην Ανώτερη Σχολή Επισκεπτριών Αδελφών και Νοσοκόμων, απ' όπου απεκτήθησαν δίπλωμα Νοσηλεύτριας και πτυχίο Επισκέπτριας Υγείας.

ΕΡΕΥΝΗΤΙΚΑ ΕΝΔΙΑΦΕΡΟΝΤΑ

- Υγιεινή της Εργασίας και του Περιβάλλοντος
- Προαγωγή και Αγωγή Υγείας
- Φροντίδα υγείας ευάλωτων πληθυσμών
- Νοσηλευτική Εκπαίδευση

ΕΡΕΥΝΗΤΙΚΑ ΠΡΟΓΡΑΜΜΑΤΑ (πρόσφατα)

2023-2026: CHANGE-Climate change and healthy AgeinG: co-creating E-learning for resilience and adaptation

2022-2023: HAiG-Healthy Aging and well-being of community-dwelling older persons in Greece

2020-2023: EMMA-EUROPEAN MASTER ON ACTIVE AGEING AND AGE-FRIENDLY SOCIETY, ERASMUS+ KA2, KE: 17267

2017-2021: "Safety Culture and Risk Management in Agriculture" (SACURIMA), COST: CA16123

2016-2017: Development of the Electronic Gerontology and Geriatrics Library, www.gerolib.gr

2015-2017: I_CARE, Erasmus+ , KA2-Cooperation for Innovation and the Exchange of Good Practices Strategic Partnerships for higher education 2015-1-EL01-KA202-014051

2013-2016: ELLAN, European Later Life Active Network. Project No: 539547-LLP-1-2013-1-FI-ERASMUS-ENW, KA:12473

ΕΠΙΣΤΗΜΟΝΙΚΕΣ ΔΗΜΟΣΙΕΥΣΕΙΣ (πρόσφατες)

2023

Siskou O, Galanis P, Konstantakopoulou O, Stafylas P, Karagkouni I, Tsampalas E, Garefou D, Alexopoulou H, Gamvroula A, Lypiridou M, et al. *The Cost and the Value of Stroke Care in Greece: Results from the SUN4P Study*. *Healthcare*. 2023; 11(18):2545.

<https://doi.org/10.3390/healthcare11182545>

Wiggin DA, Setti A, Mali J, Ströckl DE, Sourtzi P, Nevala E, Penič B, Zymbal V, Cardadeiro G, Carnide F, Baptista F, Fitzgerald T & Timmons S (2023). *Learning needs in healthy and active aging according to key stakeholders: a multinational survey*, *Gerontology & Geriatrics Education*, DOI: 10.1080/02701960.2023.2252368

Petros Galanis, Aglaia Katsiroumpa, Panayota Sourtzi, Olga Siskou, Olympia Konstantakopoulou & Daphne Kaitelidou (2023) *The COVID-19 burnout scale: development and initial validation*, *Journal of Mental Health*, 32:5, 985-994, DOI: 10.1080/09638237.2023.2245914

Antonios Christodoulakis, George Kritsotakis, Manolis Linardakis, Panayota Sourtzi & Ioanna Tsiligianni (2023) *Emotional intelligence is more important than the learning environment in improving critical thinking*, *Medical Teacher*, 45:7, 708-716, DOI: 10.1080/0142159X.2023.2193305

Katsiroumpa A, Sourtzi P, Kaitelidou D, Siskou O, Konstantakopoulou O, Galanis P. *Predictors of Seasonal Influenza Vaccination Willingness among High-Risk Populations Three Years after the Onset of the COVID-19 Pandemic*. *Vaccines*. 2023; 11(2):331.

<https://doi.org/10.3390/vaccines11020331>

Christodoulakis A, Kritsotakis G, Gkorezis P, Sourtzi P, Tsiligianni I. *Linking Learning Environment and Critical Thinking through Emotional Intelligence: A Cross-Sectional Study of Health Sciences Students*. *Healthcare*. 2023; 11(6):826. <https://doi.org/10.3390/healthcare11060826>

Daisy A. Wiggin, Benjamin Penič, Outi Sulopuisto, Annalisa Setti, Jana Mali, Andrea Stitzel, Raija Kuisma, Fátima Baptista, Panayota Sourtzi & Suzanne Timmons (08 Mar 2023): *Postgraduate education in healthy and active ageing: a systematic scoping review of learning needs, curricula and learning impact*, *Gerontology & Geriatrics Education*, DOI: 10.1080/02701960.2023.2187386

2022

Galanis, P.; Katsiroumpa, A.; Sourtzi, P.; Siskou, O.; Konstantakopoulou, O.; Katsoulas, T.; Kaitelidou, D. *COVID-19-Related Burnout and Intention of Fully Vaccinated Individuals to Get a Booster Dose: The Mediating Role of Resilience*. *Vaccines* 2023, 11, 62. <https://doi.org/10.3390/vaccines11010062>

Tasiopoulou KE, Sourtzi P (2022). *Investigation of health and safety conditions of migrants compared to native workers*. *Nursing Care & Research/Nosileia kai Ereuna*, 63: 121-149

Τζιάβα Σ, Σουρτζή Π (2022). *Αξιολόγηση Σχολικών Προγραμμάτων Αγωγής Υγείας* *Nursing Care & Research/Nosileia kai Ereuna*, 62: 86-97

Galanis, P.; Katsiroumpa, A.; Sourtzi, P.; Siskou, O.; Konstantakopoulou, O.; Katsoulas, T.; Kaitelidou, D. *Social Support Mediates the Relationship between COVID-19-Related Burnout and Booster Vaccination Willingness among Fully Vaccinated Nurses*. *Vaccines* 2023, 11, 46. <https://doi.org/10.3390/vaccines11010046>

Pana A, Sourtzi P, Kalokairinou A, Velonaki VS. (2022). *Sarcopenia and polypharmacy among older adults: A scoping review of the literature*. *Arch Gerontol Geriatr*. doi: 10.1016/j.archger.2021.104520

Siskou O, Galanis P, Konstantakopoulou O, Karagkouni I, Tsampalas E, Garefou D, Alexopoulou H, Gamvroula A, Kalliontzakis I, Fragkoulaki A, Kouridaki A, Tountopoulou A, Kouzi I, Vassilopoulou S, Manios E, Mavraganis G, Ntaios G, Karagkiozi E, Louka AM, Savopoulos C, Dimas G, Myrou A, Milionis H, Siopis G, Evaggelou H, Protogerou A, Samara S, Karapiperi A, Kakaletsis N, Gallos P, Papastefanatos S, Sourtzi P, Vemmos K, Korompoki E, Kaitelidou D. (2022). Inpatient Cost of Stroke Care in Greece: Preliminary Results of the Web-Based "SUN4P" Registry. *Stud Health Technol Inform.* 289:439-442. doi: 10.3233/SHTI210952.

Galanis P, Konstantakopoulou O, Karagkouni I, Gallos P, Tsampalas E, Lypiridou M, Gamvroula A, Mavraganis G, Manios E, Ntaios G, Karagkiozi E, Milionis H, Evangelou C, Tountopoulou A, Kouzi I, Vassilopoulou S, Protogerou A, Samara S, Karapiperi A, Savopoulos C, Hatzitolios AI, Myrou A, Kalliontzakis I, Kouridaki A, Papastefanatos S, Papastefanatos G, Vemmos K, Sourtzi P, Bellali T, Korompoki E, Kaitelidou D, Siskou O. (2022). Assessing Staff's and Stroke Patients' Experiences in 8 Hospitals in Greece: Results from a Prospective Multi-Center Study ("SUN4Patients"). *Stud Health Technol Inform.* 289:392-396. doi: 10.3233/SHTI210941.

2021

Pana A, Sourtzi P, Kalokairinou A, Pastroudis A, Chatzopoulos ST, Velonaki VS. (2021). Association between self-reported or perceived fatigue and falls among older people: A systematic review. *Int J Orthop Trauma Nurs.* 43:100867. doi: 10.1016/j.ijotn.2021.100867

Pesiridis T, Galanis P, Anagnostopoulou E, Kalokerinou A, Sourtzi P (2021). Providing care to patients with COVID-19 in a reference hospital: health care staff intentional behavior and factors that affect it. *AIMS Public Health* 8 (3), 456-466

Pana A, Sourtzi P, Kalokairinou A, Pastroudis A, Chatzopoulos ST, Velonaki VS. (2021). Association between muscle strength and sleep quality and duration among middle-aged and older adults: a systematic review. *Eur Geriatr Med.* 12(1):27-44. doi: 10.1007/s41999-020-00399-

2020

Mantzorou M, Economou M, Kalokerinou A, Sourtzi P, Zyga S, Politis A, Koukia E. Exploration of the relationship between stigma and burnout among Greek nurses in dementia care. *J Nurs Manag.* 2020 Apr;28(3):615-624. doi: 10.1111/jonm.12964

Sarla E, Lambrinou E, Galanis P, Kalokairinou A, Sourtzi P. (2020). Factors That Influence the Relationship Between Social Support and Health-Related Quality of Life of Older People Living in the Community. *Gerontology and Geriatric Medicine* 6, 1-10

Sourtzi P, Galanis P, Konstantakopoulou O, Siskou O, Kaitelidou D. (2020). Factors that influence the health status of immigrants living in Greece. *AIMS Public Health* 7 (2), 287-300

Kaitelidou D, Galanis P, Economou C, Mladovsky P, Siskou O, Sourtzi P. (2020). Inequalities Between Migrants and Non-Migrants in Accessing and Using Health Services in Greece During an Era of Economic Hardship. *Int J Health Serv.* 50(4):444-457. doi: 10.1177/0020731420902604

Leino-Kilpi H, Inkeroinen S, Cabrera E, Charalambous A, Fatkulina N, Katajisto J, Sigurðardóttir ÁK, Sourtzi P, Suhonen R, Zabalegui A, Valkeapää K. (2020). Instruments for Patient Education: Psychometric Evaluation of the Expected Knowledge (EKhp) and the Received Knowledge of Hospital Patients (RKhp). *J Multidiscip Healthc.* 13:1481-1505. doi: 10.2147/JMDH.S271043

2019

Syrou N & Sourtzi P (2019). Implementation and evaluation of a distance learning program on school safety and hygiene. *IJEI*, 1, 73-84

2018

Copanitsanou P, **Sourtzi P**, Cano S, Cabrera E, Charalambous A, Katajisto J, Leino-Kilpi H, Papastavrou E, Valkeapää K, Zabalegui A, Lemonidou C. Empowering Education of Arthroplasty Patients' Significant Others in Three Southern European Countries. *International Journal of Older People Nursing*, 2018, 13(3), e12193, doi: 10.1111/opn.12193

Tsopoki V, Laiou E, Tziaferi S, Velonakis E, **Sourtzi P**. Translation and Psychometric Properties of the OSQ in a sample of Greek Workers. *IJOH&PHN*, 2018, 5 (2), 7-22.

ΣΥΓΓΡΑΦΗ ΒΙΒΛΙΩΝ

1. Καλοκαιρινού Α και Σουρτζή Π (2005): Κοινωνική Νοσηλευτική. Εκδόσεις BHTA medical arts ISBN 960-8071-86-0.
2. Κάρλου Χ και Σουρτζή Π (2006): Υγιεινή και Ασφάλεια κατά το χειρισμό χημειοθεραπείας. Αθήνα, Εκδόσεις BHTA medical arts ISBN 960-452-014-8.

3. Sourtzi P (2008). International Issues in Occupational Health Nursing. In Oakley K (ed.). Occupational Health Nursing. London, 3rd edition, Willey/Blackwell. ISBN: 978-0-470-03553-5, pp.139-155.
4. Βελονάκης Ε και Σουρτζή Π (2009): Υγεία και Εργασία. Εκδόσεις ΒΗΤΑ medical arts ISBN 978-960-452-071-8.
5. Sourtzi P and Menezello T (2011): Elderly and People with Disabilities: Limitations in their everyday life. In Molenbroek, Mantas & De Bruin (eds). A Friendly Rest Room: Developing Toilets of the Future for Disabled and Elderly People. ISBN, 978-1-60750-751-2.
6. Knall G, Sourtzi P, Liaskos J (2011): Experience of testing with elderly users. In Molenbroek, Mantas & De Bruin (eds.). A Friendly Rest Room: Developing Toilets of the Future for Disabled and Elderly People. ISBN, 978-1-60750-751-2.
7. Dijkman, B., Roodbol, P., Aho, J., Achtschin-Stieger, S., Andruszkiewicz, A., Coffey, A., Felsmann, M., Klein, R., Mikkonen, I., Oleksiw, K., Schoofs, G., Soares, C. & Sourtzi, P. (2016). European Core Competences Framework for Health and Social Care Professionals Working with Older People. Available at <http://ellan.savonia.fi/>
8. Schoofs G., Coffey A. Sourtzi P., Stitzel A., Zijlak T. (2016). Motivating health and social care students to choose a career in Gerontology through innovative education. Available at <http://ellan.savonia.fi/>
9. Sourtzi P, Sarla E, Äijö M, Turjamaa R, Hobbelen H, Weening L, Ylinen E-R (2018). Most common health issues of older people. In Roodbol P, Dijkman B, Mikkonen I (eds.). Older people Improving health and social care-Focus on the European Core Competence Framework. Springer ISBN, 978-3-319-97609-9, pp.33-74
10. Mikkonen I, Sourtzi P, Turjamaa R, Ylinen E-R, Finnema E, Veet J van het (2018). Trends and developments in health care and social services. In Roodbol P, Dijkman B, Mikkonen I (eds.). Older people Improving health and social care-Focus on the European Core Competence Framework. Springer ISBN, 978-3-319-97609-9, pp.103-138

ΟΡΓΑΝΩΤΙΚΗ ΚΑΙ ΔΙΟΙΚΗΤΙΚΗ ΔΡΑΣΤΗΡΙΟΤΗΤΑ

1. Διευθύντρια ΠΜΣ «Διαχείριση Κρίσεων και Μαζικών Καταστροφών και Νοσηλευτική Δημόσιας Υγείας»
2. Συντονίστρια ΟΜΕΑ
3. Σύμβουλος Φοιτητών με Αναπηρία
4. Αν. Μέλος Εκτελεστικής Επιτροπής Εθνικού Συμβουλίου Ανάπτυξης της Νοσηλευτικής

ΜΕΛΟΣ ΕΠΙΣΤΗΜΟΝΙΚΩΝ ΟΡΓΑΝΙΣΜΩΝ/ΕΤΑΙΡΕΙΩΝ

1. Εθνικός Σύνδεσμος Νοσηλευτών Ελλάδας
2. Εταιρεία Νοσηλευτικών Σπουδών
3. Ελληνική Γεροντολογική και Γηριατρική Εταιρεία (Α' Αντιπρόεδρος)
4. Δίκτυο Καταγμάτων Ευθραυστότητας

ΤΙΜΗΤΙΚΕΣ ΔΙΑΚΡΙΣΕΙΣ

- Υπότροφος του ΙΚΥ 1991-1995 για μεταπτυχιακές σπουδές στο ΗΒ